

Virtual Counselling

Face-to-Face Counselling | Now Virtual

In line with our current clinical protocols and processes, should it be assessed that an offsite face-to-face counselling intervention is required, a referral will be facilitated to one of our treatment professionals in private practice. The treatment professional will schedule a virtual counselling appointment with the referred employee / dependent.

Onsite Counselling | Now Virtual

All scheduled monthly onsite counselling clinics will continue as per normal but will be held either telephonically or virtually. Employees wanting to book an onsite session must pre-book their appointment through the AskNelson support line on 0861 635 766.

Group Interventions | Now Virtual

In the event where a trauma or bereavement intervention is required kindly note that arrangements for these interventions will be made via the AskNelson support line. These interventions will take place through a virtual or telephonic counselling process. We will accommodate this process based on each individual's ability to access our services

Confidentiality Guaranteed

Employees and their families are guaranteed privacy and confidentiality. Enabling you to deal with problems affecting their home and work lives openly and freely.

The Kaelo Lifestyle | AskNelson Programme is a trusted and independent health provider.

 0861 635 766 or *134*928# or send a 'please call me' to 072 620 5699

 asknelson@kaelo.co.za

 www.Kaelo.co.za

Standard call rates apply

